A SOAP BIBLE STUDY JOURNAL

# PROBERS N31DAYS



WITH MOMSTOOLBOX.COM

#### **SOAP** THROUGH THE **PROVERBS**

Thank you so much for deciding to read and SOAP through Proverbs for the next 31 days. It is my prayer that you hear God clearly each day as you read and journal your thoughts...and that His Word echoes in your heart and mind for ages.

The reading plan is rather simple. You will read one chapter of Proverbs each day of the plan. At the end of the 31 days, you will have read all 31 chapters of Proverbs.

*Before* reading each day, pray and ask God to guide you through His Word and clear your mind of distractions. *While* reading, think about SOAP and then journal about it using the acrostic SOAP as a guide.

S: SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse? Record it.
O: OBSERVATION	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
A: APPLICATION	How can you apply this verse to your life today?
P: PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

Once you have finished journaling through all of SOAP, think about a few words that could sum up the message of your entries. Write that down at the top of the page as the title.

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<b>READING</b> PLAN	☐ Day Ten	☐ Day Twenty-one Prov. 21
IILADINU I LAN	☐ Day Eleven <i>Prov. 11</i>	$\square$ Day Twenty-two <i>Prov. 22</i>
☐ Day One <i>Prov. 1</i>	☐ Day Twelve <i>Prov. 12</i>	☐ Day Twenty-three <i>Prov. 23</i>
☐ Day Two <i>Prov.</i> 2	Day Thirteen <i>Prov. 13</i>	☐ Day Twenty-four <i>Prov.</i> 24
☐ Day Three <i>Prov. 3</i>	$\square$ Day Fourteen	☐ Day Twenty-five Prov. 25
□ Day Four	$\square$ Day Fifteen	☐ Day Twenty-six <i>Prov.</i> 26
☐ Day Five <i>Prov.</i> 5	Day Sixteen <i>Prov.</i> 16	☐ Day Twenty-seven Prov. 27
□ Day Six <i>Prov.</i> 6	Day Seventeen <i>Prov. 17</i>	☐ Day Twenty-eight Prov. 28
□ Day Seven	Day Eighteen <i>Prov. 18</i>	☐ Day Twenty-nineProv. 29
□ Day Eight <i>Prov.</i> 8	Day Nineteen	☐ Day Thirty <i>Prov. 30</i>
☐ Day Nine	Day Twenty <i>Prov. 20</i>	☐ Day Thirty-one Prov. 31

## JOURNAL TABLE OF CONTENTS

DAY READING ASSIGNMENT	TITLE
Day One	
Day Two Proverbs 2	
Day Three	
Day Four	
Day Five Proverbs 5	
Day Six Proverbs 6	
Day Seven Proverbs 7	
Day Eight Proverbs 8	
Day Nine	
Day Ten Proverbs 10	
Day Eleven Proverbs 11	
Day Twelve Proverbs 12	
Day Thirteen Proverbs 13	
Day Fourteen Proverbs 14	
Day Fifteen Proverbs 15	
Day Sixteen Proverbs 16	
Day Seventeen Proverbs 17	
Day Eighteen Proverbs 18	
Day Nineteen	
Day Twenty Proverbs 20	
Day Twenty-one Proverbs 21	
Day Twenty-two Proverbs 22	
Day Twenty-three Proverbs 23	
Day Twenty-four Proverbs 24	
Day Twenty-five Proverbs 25	
Day Twenty-six Proverbs 26	
Day Twenty-seven Proverbs 27	
Day Twenty-eight Proverbs 28	
Day Twenty-nine Proverbs 29	
Day Thirty Proverbs 30	
Day Thirty-one Proverbs 31	

#### DAY ONE PROVERBS 1

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address: Write out that verse u	word for word on the lines below.
<b>OBSERVATION</b>	Rewrite this verse, sharing its message in your own words.  What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY TWO PROVERBS 2

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address: Write out that vers	se word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write ou your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY THREE PROVERBS 3

DATE:	
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TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address: Write out that verse	word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out
	your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY FOUR PROVERBS 4

DATE:	

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading?  Can you pinpoint just one verse?
Verse address: Write out that verse 1	word for word on the lines below.
<b>OBSERVATION</b>	Rewrite this verse, sharing its message in your own words.  What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY FIVE **PROVERBS 5**

DATE:	

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address: Write out that verse o	word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words.  What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out
	your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY SIX PROVERBS 6

DATE:		

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
	rd for word on the lines below.
<b>OBSERVATION</b>	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY SEVEN **PROVERBS 7**

DATE:
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	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address:	
Write out that verse	word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words.
ODSLIIVATION	What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Writ
	your prayer for today as it relates to what you read and heard. Pray as you write

#### DAY EIGHT PROVERBS 8

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address: Write out that vers	se word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write ou your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY NINE PROVERBS 9

DATE:		

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address: Write out that verse w	ord for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words.  What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY TEN **PROVERBS 10**

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address: Write out that verse w	ord for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words.  What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY ELEVEN PROVERBS 11

DATE:
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TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
	rd for word on the lines below.
<b>OBSERVATION</b>	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY TWELVE **Proverbs 12**

	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address:	
Write out that vers	e word for word on the lines below.
<b>OBSERVATION</b>	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
_	
APPLICATION	How can you apply this verse to your life today?
	What do you want to say to God concerning what you just read? Do you have a
PRAYER	confession, a request, an observation, or something else to share with Him? Writ your prayer for today as it relates to what you read and heard. Pray as you write

#### DAY THIRTEEN PROVERBS 13

DATE: \_\_\_\_\_

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
	rd for word on the lines below.
<b>OBSERVATION</b>	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY FOURTEEN PROVERBS 14

DATE:	

IIILE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
	se word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write ou your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY FIFTEEN PROVERBS 15

DATE:
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TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
	rd for word on the lines below.
<b>OBSERVATION</b>	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY SIXTEEN **PROVERBS 16**

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
	e word for word on the lines below.
	e word for word on use unes octow.
OBSERVATION	Rewrite this verse, sharing its message in your own words.  What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
	What do now want to can to Cod concerning what you just mad? Do now have a
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write or your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY SEVENTEEN PROVERBS 17

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address: Write out that verse w	ord for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words.  What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY EIGHTEEN PROVERBS 18

DATE:

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
	e word for word on the lines below.
	e word for word on use unes octow.
OBSERVATION	Rewrite this verse, sharing its message in your own words.  What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
	What do now want to can to Cod concerning what you just mad? Do now have a
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write or your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY NINETEEN **PROVERBS 19**

DATE:

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
	ord for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY TWENTY PROVERBS 20

DATE:
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TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
	e word for word on the lines below.
	e word for word on use unes octow.
OBSERVATION	Rewrite this verse, sharing its message in your own words.  What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
	What do now want to can to Cod concerning what you just mad? Do now have a
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write or your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY TWENTY-ONE PROVERBS 21

	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address:	
Write out that vers	se word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words.
UDSENVATION	What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Writy your prayer for today as it relates to what you read and heard. Pray as you write

# DAY TWENTY-TWO **PROVERBS 22** DATE: TITLE: (Fill this in once you've finished your prayer below.) What specific verse stood out to you most in today's reading? **SCRIPTURE** Can you pinpoint just one verse? Verse address: Write out that verse word for word on the lines below. Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?

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How can you apply this verse to your life today?

PRAYER

What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

## DAY TWENTY-THREE PROVERBS 23 DATE: TITLE: (Fill this in once you've finished your prayer below.) What specific verse stood out to you most in today's reading? **SCRIPTURE** Can you pinpoint just one verse? Verse address: Write out that verse word for word on the lines below. Rewrite this verse, sharing its message in your own words. **OBSERVATION** What is it saying to you specifically? **APPLICATION** How can you apply this verse to your life today?

#### **PRAYER**

What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY TWENTY-FOUR PROVERBS 24

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address:	
Write out that verse	word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write or
	your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY TWENTY-FIVE **PROVERBS 25**

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address: Write out that ver	rse word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY TWENTY-SIX PROVERBS 26

DATE:
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	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address:	
Write out that vers	se word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words.
UDSENVATION	What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Writy your prayer for today as it relates to what you read and heard. Pray as you write

### DAY TWENTY-SEVEN **PROVERBS 27** DATE: TITLE: (Fill this in once you've finished your prayer below.) What specific verse stood out to you most in today's reading? **SCRIPTURE** Can you pinpoint just one verse? Verse address: Write out that verse word for word on the lines below. Rewrite this verse, sharing its message in your own words. **OBSERVATION** What is it saying to you specifically? **APPLICATION** How can you apply this verse to your life today? What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

## DAY TWENTY-EIGHT **PROVERBS 28** DATE: TITLE: (Fill this in once you've finished your prayer below.) What specific verse stood out to you most in today's reading? Can you pinpoint just one verse? Verse address: Write out that verse word for word on the lines below. Rewrite this verse, sharing its message in your own words. What is it saying to you specifically? ADDI ICATION How can you apply this verse to your life today?

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**PRAYER** 

What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write out your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY TWENTY-NINE PROVERBS 29

	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address:	
Write out that vers	se word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words.
UDSENVATION	What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Writy your prayer for today as it relates to what you read and heard. Pray as you write

#### DAY THIRTY PROVERBS 30

DATE:

TITLE:	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address: Write out that vers	se word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words. What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Write ou your prayer for today as it relates to what you read and heard. Pray as you write.

#### DAY THIRTY-ONE PROVERBS 31

DATE:			
DATL.			

	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading? Can you pinpoint just one verse?
Verse address:	
Write out that ver	se word for word on the lines below.
OBSERVATION	Rewrite this verse, sharing its message in your own words.
UDSENVATION	What is it saying to you specifically?
APPLICATION	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Writy your prayer for today as it relates to what you read and heard. Pray as you write

PASSAGE:	DATE:
TITLE:	
	(Fill this in once you've finished your prayer below.)
SCRIPTURE	What specific verse stood out to you most in today's reading?  Can you pinpoint just one verse?
Verse address:	
	vord for word on the lines below.
<b>OBSERVATION</b>	Rewrite this verse, sharing its message in your own words.  What is it saying to you specifically?
<b>APPLICATION</b>	How can you apply this verse to your life today?
PRAYER	What do you want to say to God concerning what you just read? Do you have a confession, a request, an observation, or something else to share with Him? Writ your prayer for today as it relates to what you read and heard. Pray as you writ